

# Morning Lesson

## HOW TO LIVE A HAPPY LIFE John 5:9-11

### INTRO:

1. Everyone wants to be happy. Independence.
2. But so many are not happy. It seems like chasing the wind sometimes.
3. Allow me to offer a few suggestions.

- I. SERVE OTHERS. Gal. 5:13-15
- II. DON'T WORRY ABOUT NONESSENTIAL NUMBERS. 1 Tim. 4:8
- III. KEEP ONLY CHEERFUL FRIENDS. Prov. 22:24, 25; 15:13,15
- IV. KEEP LEARNING. Prov. 8:10; 2 Pet. 3:18
- V. ENJOY THE SIMPLE THINGS. Eccl. 2:24
- VI. LAUGH OFTEN. Prov. 17:22
- VII. TEARS HAPPEN. Eccl. 3:4
- VIII. SURROUND YOURSELF WITH WHAT YOU LOVE.
- IX. CHERISH YOUR HEALTH. Prov. 12:18
- X. DO NOT TAKE GUILT TRIPS. Rom. 8:1
- XI. TELL THE PEOPLE YOU LOVE THAT YOU LOVE THEM. Prov. 27:5
- XII. WORSHIP GOD FAITHFULLY. John 4:24